

29 September 2020

Dear CECA National Health, Safety and Wellbeing Group Member,

Re. *Stop Make a Change 2020* ('SMAC 20')

The CECA National Health, Safety and Wellbeing Group has supported the development of this year's *Stop. Make a Change* campaign and are pleased to be working in association with Cancer Research UK and Mates in Mind.

We identified **Respiratory Health**, **People Plant interface** and **Mental Health & Workplace stress** as priority topics. However, we recognised that it would be difficult for us to propose a specific change, or changes, that would have consistent relevance or benefit to the diverse membership of CECA or to the extended range of SMAC-20 participants.

We are sharing a series of conversation starter prompts with the aim of stimulating positive two-way conversations between employers and employees.

The intent is for a workplace or organisation to select a topic which has particular relevance for them and would benefit from change.

There is compelling evidence that genuine engagement with the workforce, along with mutually agreed action plans, will see effective, long lasting changes implemented and maintained.

We hope that SMAC-20 participants will share their beneficial changes with the CECA National Health, Safety and Wellbeing Group via the dedicated email address SMAC-20@ceca.co.uk.

This is supplemented by also offering to assist CECA members by sharing the group's collective knowledge and experience where the route to change is less clear and our support could help.

We are asking each of you to support and promote *Stop. Make a Change 2020* within your own organisations and with your supply chains and partners.

[#StopMakeAChange](#)

www.stopmakeachange.co.uk

Yours sincerely,



Robert Bradford CFIOSH FInstLM
Chair, CECA National Health,
Safety & Wellbeing Group



Richard Hemingway
Vice Chair, CECA National Health,
Safety & Wellbeing Group



Stop.
Make a
Change.