




South East  
England



## South Branch Savvy Conversations<sup>®</sup> Do you have the STREETCREDS?

6<sup>th</sup> July 2023 18.00 (refreshments & networking) for 18.30 start

In Person at Mott Macdonald Offices, Brighton, BN1 4FY

At the heart of everything you do, effective conversations are the key to your personal and business success. Yet getting those pivotal conversations right requires a complex set of cognitive functions which are often misunderstood.

While professional and technical skills are important, your professional knowledge and technical ability may not be enough to perform your best. Great communication skill increases your understanding of people around you, It will also improve your happiness level and feelings of personal satisfaction.

Great conversations create successful and harmonious organisations,

If your role demands the need for difficult conversations with people, it is quite possible that not every conversation has delivered results you expected. Some conversations leave the participants frustrated, stuck, upset or even angry. Are you keen to understand what you can do to get those conversation consistently right?

Perhaps you have conversations that you put off or conversations that you avoid?

In this inspirational talk, Sarah tells us about the **Savvy Conversations** framework that will help you develop effective workplace relationships that enable you to:

- Avoid conflict at work or at home
- Plan important conversations
- Reflect on own behaviour and improve self-awareness
- Get the best from yourself and from your teams

Sarah Harvey Chartered FCIPD, FInstILM



Founder of and author of **Savvy Conversations** Sarah is a coach, trainer, facilitator and workplace mediator with over 30 years' experience.

As a former HR leader, Sarah has non-executive Board level experience and spent 11 years chairing regional branches of the Chartered Institute of Personnel and Development. A highly qualified coach and mentor, Sarah is a Fellow of the Chartered Institute of Personnel and Development, a Fellow of the Institute of Leadership and Management, a member of the International Coaching Federation.



Please book online at: <https://www.ice.org.uk/events/latest-events/savvy-conversations-Do-you-have-the-STREETCREDS?> Once you are on the event page, click 'Book Now' and follow the instructions on the screen. In case of difficulties, contact [kirsy.joyce@ice.org.uk](mailto:kirsy.joyce@ice.org.uk).