

# The ndc: June Newsletter

## What we talked about: Tourette's –

Using the film “I Swear” as a springboard for a conversation on Tourette's

### Key takeaways:

- It is estimated that TS affects one school child in every hundred and more than 300,000 children and adults in the UK live with the condition.
- Tourette's is not a choice. How you respond is.
- I Swear was funny but also deeply thought provoking
- Incident at the baftas demonstrates that far more is still needed to improve understanding



## CECA Southern Wellbeing Initiative Award

- We were very happy to have won the 2026 CECA award for wellbeing initiative, testament to the buy in

from the community and the business.

- Kayliegh accepted the award on behalf of the community
- Massive well done to all involved!



## Better workplace support

- DSE update has been signed off by H&S and the team are working through the design and how it will work
- Simple flash cards have been created for hot desks to improve set up

## Looking ahead: July session - wellbeing

- **Session:** what do you do to manage your Neurodiversity?
- **Tips and Tricks:** Time Management, work location, support from manager
- **Meet up:** We have arranged a small catch up from the awards on the 14<sup>th</sup> but we will be looking to plan a full session in Harefield or similar soon!

